



HOKKAIDO  
UNIVERSITY

December 19, 2019

Dear Partner,

On behalf of Hokkaido University, I am pleased to inform you about one of our exchange programs called HUSTEP (Hokkaido University Short Term Exchange Program) 2020 - 2021. We hope some of your students might be interested in spending one year or one semester in HUSTEP.

Enclosed please find HUSTEP brochures.

Regarding application forms and other required documents, you can download them from the HUSTEP website:

<https://www.global.hokudai.ac.jp/prospective-students/exchange-student-admissions/exchange-programs-in-english-hustep/>

The outline of HUSTEP 2020 - 2021 is as follows:

1. Period: (1) Late September, 2020 – Mid- August, 2021 (11 months)  
(2) Late September, 2020 – Mid-February, 2021 (5 months)  
\*(3) Early April, 2021 – Mid- August, 2021(5 months)
2. Application Deadline: **Friday, February 14 2020**  
Students applying for April - August 2021 should submit their applications in October 2020 not February.
3. Admission notification: Mid-April, 2020
4. Program Features:
  - Designed for undergraduate students both in Humanities and Science
  - Courses in English (Japanese language ability is not required)
  - Admission and tuition fee waiver
  - Being eligible to apply for the Japan Student Service Organization (JASSO) scholarship if students participate in HUSTEP
5. Important Details:
  - Applications received after the deadline will not be accepted.
  - Non-native English speakers must have a score of at least TOEFL iBT 79 or IELTS 6.5.
  - Due to the capacity of the program, there is a screening process to select the participants. Not all students who apply will be accepted.
  - Only a limited number of students can be nominated for the JASSO scholarship.

We hope you will recommend outstanding and highly motivated students to represent your university to study in the HUSTEP program.

If you have any questions, please contact Ms. Maki NONAKA ([hustep@oia.hokudai.ac.jp](mailto:hustep@oia.hokudai.ac.jp)), who is the administrative coordinator of the HUSTEP program.

Thank you in advance for your cooperation.

Sincerely Yours,

A handwritten signature in black ink, appearing to read 'Ko Hasegawa'.

Ko Hasegawa

Director of the Institute for the Advancement of Higher Education,  
HOKKAIDO UNIVERSITY



# HOKKAIDO UNIVERSITY HUSTEP

SHORT-TERM  
EXCHANGE PROGRAM

Live in Japan,  
Study in English

2020-2021



HOKKAIDO  
UNIVERSITY



*Welcome to*



# HUSTEP

**broadens your horizons!**



Dr. Peter Firkola  
HUSTEP Program Director

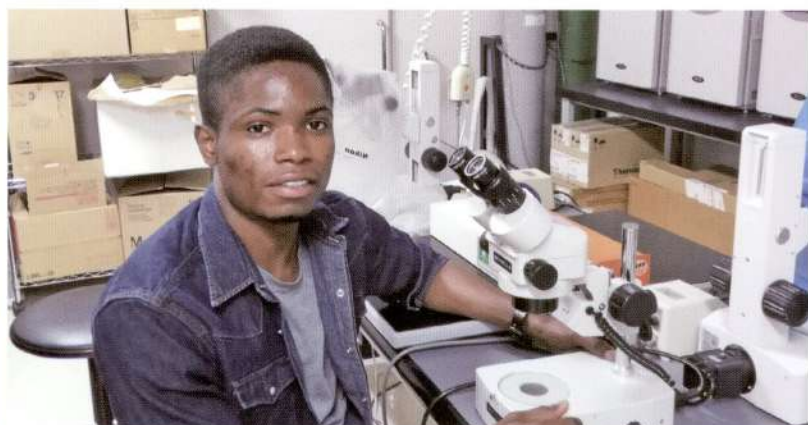
Ms. Maki Nonaka  
HUSTEP Administrative Coordinator

The Hokkaido University Short-Term Exchange Program (HUSTEP) is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study in Japan at Hokkaido University. Participants in this program take a wide variety of classes offered in English in the fields of Culture and Society, Environment, Science and Technology. Students also have the chance to study the Japanese language. In addition, some participants can pursue independent study research under the guidance of a faculty member. There will also be an opportunity to take part in numerous traditional and contemporary Japanese cultural activities.

Students admitted to the program are eligible to apply for a scholarship.

HUSTEP provides a safe and caring environment in which to carry out your academic studies and broaden your horizons. Participating in HUSTEP will help to prepare you for the future with knowledge and experiences that will last a lifetime. In addition, you will have a wonderful opportunity to meet and make friends with many Japanese people as well as international students from all around the world who come to study at Hokkaido University.

We would like to invite motivated university students from ALL disciplines to participate in HUSTEP.









# HUSTEP

## Course Details



HUSTEP offers students the choice of participating in the One Year or Half Year Course.

The One Year Course allows students to study for two semesters and take classes in English as well as Japanese language classes. In addition, students have the option to do an independent study under the guidance of a faculty supervisor. As part of the independent study, students may have a chance to study in a lab or attend seminars with Japanese students in various faculties.

The Half Year Course allows students to study for one semester and take classes in English and Japanese language classes.

Students should choose carefully since switching courses is not permitted. Course details are listed below.

Course Overview	One Year	Half Year (Fall)	Half Year (Spring)
Core Classes (in English)	Yes	Yes	Yes
Japanese Language Classes	Yes (optional)	Yes (optional)	Yes (optional)
Independent Study	Yes (optional)	No	No
Course Completion Requirements	Yes**	No*	No*
Study Period	Late September, 2020- Early August, 2021	Late September, 2020- Mid-February, 2021	Early April, 2021- Early August, 2021
Application Deadlines	February 14, 2020	February 14, 2020	October 30, 2020 Submit applications in October

## Eligibility

To be eligible to apply for HUSTEP, students must:

1. be from exchange partner universities
2. be enrolled and pay tuition fees at their home universities during study in Japan
3. have completed **at least two years of undergraduate study** prior to arrival in Japan
4. have **GPA of 3.0 (B) or better** on a 4.0 scale or equivalent
5. be proficient in English. Non-native English speakers must have a score of **at least TOEFL iBT 79 or IELTS 6.5\*\***
6. be able to arrive in Sapporo by late September or first week of April

Please check HUSTEP application guidelines for complete eligibility requirements.

## Application Procedure

For details, please check the HUSTEP website.

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

**There is a screening process and not all students who apply will be accepted.**

\* Students must take a minimum of 10 hours of classes (7 classes) per week to meet visa requirements.

\*\* One Year Course students are required to obtain at least 10 credits in each semester, and at least 8 of these credits should be from core classes.

\*\*\* In exceptional cases, a different internationally recognized English test result may be accepted.



# Classes

from a previous year

## Core Classes



### Culture and Society

- Animal-Human-Technology: Thoughts and Theories
- Anthropology: History and Debates
- Aspects of Consumption in Japan
- Career Planning
- Contemporary Japanese Society
- Countries and Culture
- Critical English Education
- Does God Exist? The Great Debate
- Drama and Oral Interpretation
- Dynamic and Effective Presentations
- English Education in Japan
- Ethnographies of Japanese Culture
- Gaming International Relations
- Gender and Sexuality in Contemporary Japan
- Globalization and Sustainability in Japanese School Education
- Historical International Experiences
- Hokkaido History
- Hokkaido: Then and Now

- How We Learn Languages
- Imperial Russian History from Peter to Petrograd
- Indigenous Peoples and Education
- Interpersonal Communication
- Historiography
- Japanese Politics
- Japanese Society
- Japanese Studies
- Social Theory
- Tourism Studies
- Japan and Multiculturalism
- Japanese Economy
- Japanese Foreign Policy
- Japanese Management
- Japanese Media and Popular Culture
- Japanese Political Economy
- Language Issues in a Globalized World
- Law, Rights, and Legal Culture

- Methods in Language Teaching
- Modern Japanese History
- Multiculturalism in Hokkaido and Japan
- Music and Culture
- Music Psychology
- Personal Stories and Religion
- Political Economy of Japan and East Asia
- Practicing Basic Natural Everyday English
- School Education and Society in Japan
- Sex, Gender and Hospitality in Japanese Society
- Social Inequality in Post-Growth Japan
- Special Topics in Media Studies
- Sustainability Studies beyond Hollywood Films
- The Age of Total War: World History: 1904-1945
- The Politics of History in East Asia
- Thinking about Meiji Thinkers
- Topics in Japanese Thought
- Truth of Human Language Syntax
- Workshop on Critical Thinking

### Science, Technology and Environment

- Advanced Fluid Engineering
- Agriculture in Hokkaido
- Applied Animal Ecology
- Applied Mathematics for Engineering Mechanics
- Basic Principles of Inorganic Chemistry
- Biomechanics of Circulation
- Calculus
- Chemistry and English for Life Science
- Concrete Engineering
- Dynamics of Civil Engineering Structures
- Environmental Science for Biological Resources
- Essential Organic Chemistry
- Essential Physics
- Field Bioscience in the Northern Biosphere
- Food Resources and Environment
- Food, Nutrition and Culture in Japan
- General Biology
- General Chemistry
- Genetics
- Geotechnical Foundation Engineering
- Highway Engineering
- History of Geology
- Hydrology, Water Resources and River Engineering
- Infrastructure Maintenance Engineering

- Integrated Science
- International Project
- Animal Physiology
- Biodiversity Study
- Environmental Earth Science
- Marine Science
- Robotics
- Lifetime Engineering for Civil Infrastructure
- Linear Algebra
- Maintenance Engineering
- Mathematics and Physics of Metabolic Organization
- Mechanical Vibration and Control
- Medical Device and Biomaterials
- Modern Trends in Organic Chemistry and Biological Chemistry
- Modern Trends in Physical and Material Chemistry
- Overview of Energy Technology and Policy
- Phylogenetics
- Planet Earth and Environmental Footprint
- Resources Sustainability
- Science and Technology in History
- Solid Mechanics and Materials
- Space Propulsion Engineering
- Space Utilization Engineering
- Strength and Fracture of Materials

- Theory and Practice of Algorithms
- Theory of Computation
- Thermodynamics and Electromagnetism
- Vibrations in Engineering

### Japanese Language

- Japanese Language Classes

### Independent Study

- Independent Study

**For the most recent course list and syllabi, please refer to the HUSTEP website.**

The classes listed above and the independent study are worth 2 credits each.  
The Japanese language classes are 1 or 2 credits each.

## Class Schedule from a previous year

Time Table	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1st</b> 8:45-10:15	Japanese Language	Japanese Language Linear Algebra	Japanese Language Science and Technology in History	Japanese Language Calculus	Japanese Language
<b>2nd</b> 10:30-12:00	Japanese Language	Japanese Language Topics in Japanese Thought	Japanese Language Methods in Language Teaching	Japanese Language Personal Stories and Religion	Japanese Language How We Learn Language
<b>3rd</b> 13:00-14:30	Japanese Language Topics in Japanese Thought	Japanese Language General Biology Gender and Sexuality in Contemporary Japan	Japanese Language School Education and Society in Japan Imperial Russian History from Peter to Petrograd	Japanese Language Contemporary Japanese Society Language Issues in a Globalized World	Japanese Language General Chemistry Chemistry and English for Life Science
<b>4th</b> 14:45-16:15	Environmental Earth Sciences The Age of Total War: History 1904-1945	Hokkaido History The Politics of History in East Asia Food Resources and Environment	Multiculturalism in Hokkaido and Japan Workshop on Critical Thinking Sustainability Studies beyond Hollywood Film	Japanese Management Applied Animal Ecology Music and Culture	Career Planning English Education in Japan
<b>5th</b> 16:30-18:00	Countries and Culture Essential Physics	Hokkaido: Now and Then Music Psychology Agriculture in Hokkaido	International Project Japanese Foreign Policy Essential Organic Chemistry	Japanese Economy Anthropology: History and Debates	Environmental Science for Biological Resources

\* On average, students take one Japanese language class and one core class per day.



# HUSTEP

The following is the 2018-2019  
Academic Calendar

Calendar



Cultural Activities

## Academic Calendar

Late September Arrival

September 26 Program Orientation

September 27 Classes Begin (Fall Semester)

October Entrance Ceremony

December 26 - January 3 Winter Break

Mid-Feb Cultural Activities

February 6 Last Day of Classes

九月

September

十月

October

十一月

November

十二月

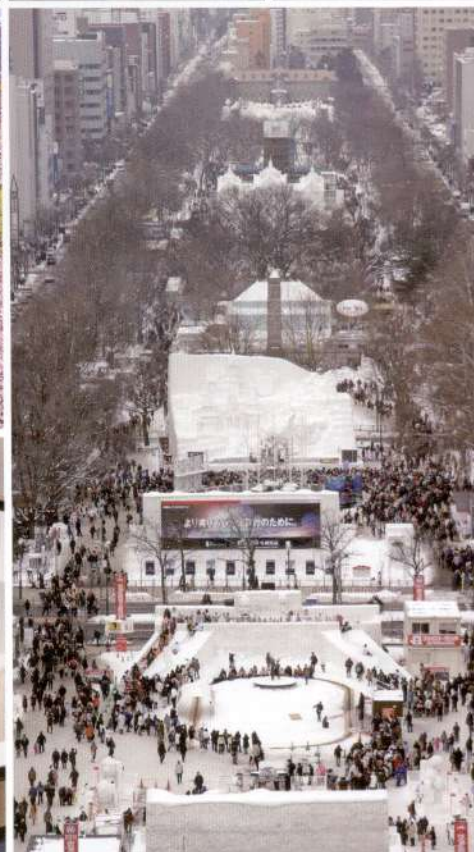
December

一月

January

二月

February



### Potential problems with work experience

Possibly sets a low starting salary

Might limit your employability to your learned skill set

Responsibilities increase with experience

Type of work experience will sometimes determine usefulness





February 7 - Early April Spring Break

Early April Arrival

Early April Classes Begin (Spring Semester)

Early August Last Day of Classes



March



April



May



June



July



August





# Voices

## Participant Views of HUSTEP

**"HUSTEP was an amazing and unforgettable experience!"**



I was lucky to be a part of HUSTEP. It was one of the most amazing and unforgettable experiences in my life! I made lots of friends from many different countries. It was nice to study in Japan in such a culturally diverse environment.

I was able to become a member of the Tea Ceremony Club. It was a great opportunity for me to learn about Japanese traditional customs. It was also a great place for improving my Japanese. I was able to participate in other cultural activities such as Calligraphy and Aikido. I also enjoyed wearing a kimono, seeing beautiful cherry blossoms, and traveling around beautiful Japan.

I have grown a lot in this wonderful exchange program. I have become more self-confident, independent and outgoing.

**Ishini  
Dissanyaka**

University of Peradeniya  
Sri Lanka  
Major: World History



During my stay, I was able to take part in Calculus and Linear Algebra classes which are both the bedrock of my major as an industrial mathematics student. This helped me to learn and understand the real applications of mathematics in solving real life situations and not just solving mathematical problems in class.

Another unforgettable part of HUSTEP was meeting and sharing ideas with people from different countries. I was able to make many amazing friends from around the world.

The Japanese cultural events such as calligraphy helped me gain insights into Japanese culture. Seeing snow for the first time was exciting. All of these experiences will forever remain fresh in my mind. It was really a great opportunity!



**James  
Ugochukwu  
Nwebonyi**

Ebonyi State University  
Nigeria  
Major: Industrial Mathematics



**"I learned practical knowledge  
and made many friends!"**



"I learned both inside and outside the classroom!"



**Rahmadani  
Primanindita  
Airlangga**

Bogor Agricultural University  
Indonesia  
Major: Agriculture

I was fortunate to be able to participate in HUSTEP. I had many opportunities to not only learn subjects outside my major, but also practical life skills. I participated in "Inakappe" circle, where I was able to interact with Japanese students, and experience various farming activities in Hokkaido. I had chances to talk with Hokkaido farmers about agriculture and their work. These experiences gave me new insights, especially as an agronomist.

HUSTEP courses also gave me opportunities to not only passively listen to the lectures, but also have class discussions and presentations. It was such a fun setting, where everybody can take part in the discussions and exchange ideas.

Being part of HUSTEP changed my life. Through this experience, I was able to learn new things and made new bonds. During my stay, I was able to be a student volunteer at some intercultural camps. The goal of these camps was to immerse in Japanese culture and converse with Japanese locals. I have experienced barbecues, going rafting, and learning about the Ainu culture. I was able to communicate with Japanese locals, helping them see their own society from a different point of view and sharing the Filipino culture with them. My perspectives widened as I encountered different cultures, beliefs, and traditions. One of the best experiences which I will forever cherish!

"My perspectives widened as I encountered different cultures, beliefs, and traditions"



**Allen  
Bernabe  
Baylosis**



University of the Philippines Diliman  
Philippines  
Major: Speech Communication



Dr. William S. Clark:  
Founding Father of Hokkaido University



# HOKKAIDO UNIVERSITY

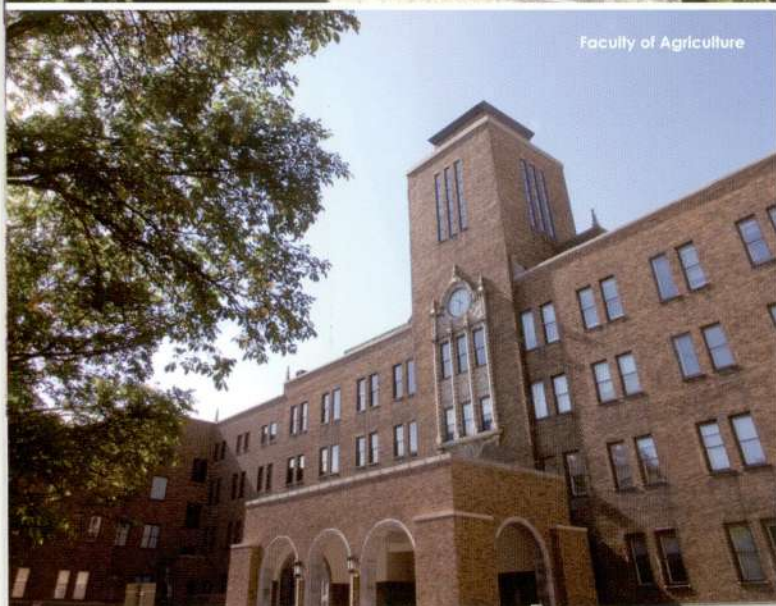
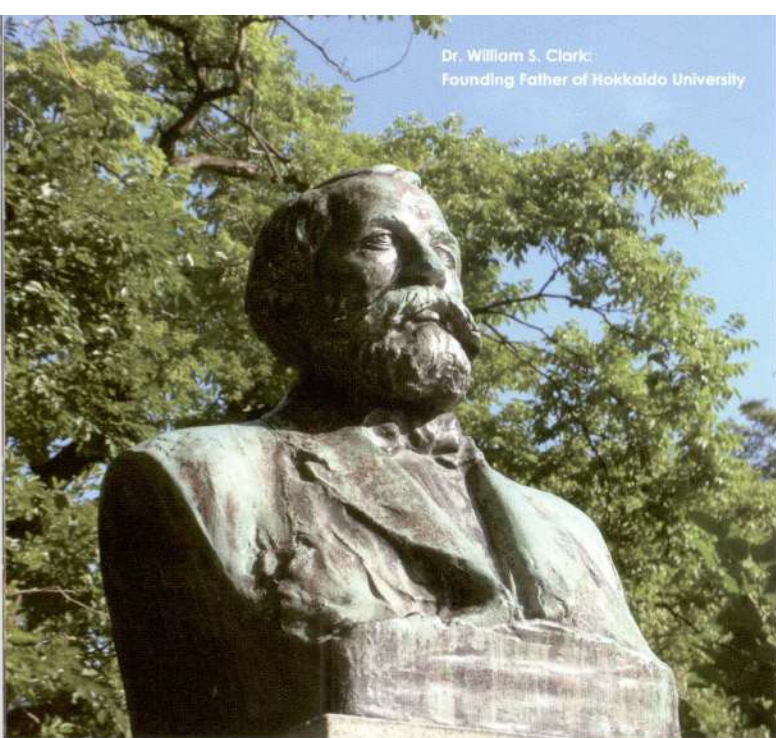
Founded in 1876, Hokkaido University is one of the oldest, largest and most prestigious universities in Japan.

Our students and researchers come from all over the world and all backgrounds to prepare for a life of new challenges. We are unique among Japan's leading universities in the breadth of disciplines we offer, providing a variety of opportunities for personal growth and all-round education that develops unique insights and broader perspectives.

In the heart of Japan's northern city of Sapporo, our main campus provides the perfect balance of natural scenery with state-of-the-art teaching, research and student support facilities. Our academics pursue excellence in teaching, reaching across disciplines to offer the very best in innovative and broad based education. Learning from these top academics exposes Hokkaido University students to excellence and challenges them to succeed as leaders in whatever career they choose.

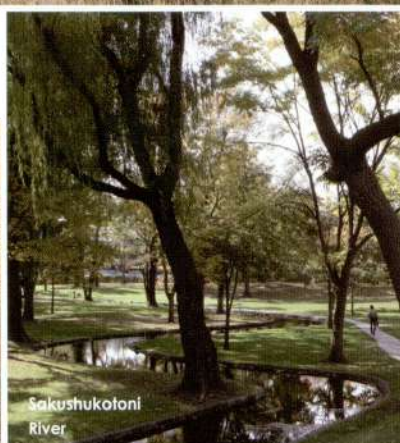
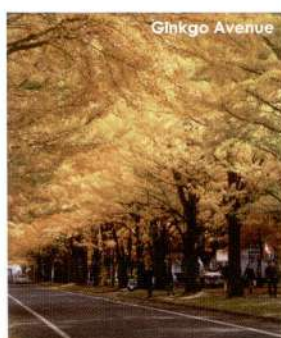
At Hokkaido University, there is more to student life than just lectures. An abundance of opportunities await international students to become part of the many activities available on campus. Students can join one of over 250 clubs, participate in sporting activities, visit the university's museum, attend a university festival or just relax with friends in one of the many university cafeterias in between lectures. Hokkaido University offers students the chance to gain valuable experiences and to make new friends. Your year abroad here at 'Hokudai' will be one to cherish for a lifetime.

Hokkaido University website : <https://www.global.hokudai.ac.jp/>



## Quick Facts

- Total Enrollment: 18,713
- Undergraduate Students: 11,959
- Graduate Students: 6,669
- Research Institute Students: 85
- International Students: 2,223
- Partner Universities: 681
- Faculty and Staff: 3,945
- University Color: Forest Green
- University Flower: Trillium  
(as of May, 2019)





# Life in Sapporo



Sapporo, the city in which you'll be living, is Japan's fifth largest city with a population of almost 2 million people. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character. With its fashionable restaurants, great shopping areas and relaxed atmosphere, it is often rated as the most desirable place to live in Japan. Sapporo provides an excellent quality of life and an affordable cost of living for students.

Sapporo City website: <http://www.city.sapporo.jp/city/english/>

## Aerial View of Hokkaido University Campus and Sapporo







HOKKAIDO  
UNIVERSITY

# CONTACT

Student Exchange Division, Academic Affairs Department

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Hokkaido University HUSTEP 

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